



Date/Topic

Monday

Tuesday

Wednesday

Thursday

Friday

Week 7

August 10-14
Food Safety

Summer Food Safety

Review this resource for summer food safety tips to prevent food borne illness during the warm summer months.

Grade: 8-12 | Type: Resource
Source: Government of Canada

Scrub Club

Explore lessons, activities, videos, games, teachers' resources, and more on this site to teach children the proper way to wash their hands.

Grade: K-7 | Type: Website with lessons, videos, games, etc.
Source: NSF International

Instruction on Food Labels

Discover how to read food labels to determine how to store, handle, and cook foods.

Grade: 8-12 | Type: Resource
Source: Health Link BC

Food Safe Recipe Guide

This style guide provides easy edits to any recipe to improve food safety practices for foodies, both students and teachers.

Grade: 8-12 | Type: Resource
Source: The Partnership for Food Safety Education

How to Be Food Safe Canada

Tune into this video for information on how to be food safe.

Grade: 5-12 | Type: Video
Source: BC Centre for Disease Control

Week 8

August 17-21
Student Mental Health

COVID-19 Youth Mental Health Resource Hub

A hub of mental health resources for students during COVID-19.

Grade: K-12 | Type: Resources
Source: Jack.org

Let's Talk

Set of 30 cards you can print and use to help start conversations at meals for better mental health.

Grade: 5-12 | Type: Resource
Source: Nuw-chah-nulth Tribal Council and Island Health

Canada Food Guide

A healthy body helps a healthy mind. Review the Canada Food Guide for eating guidelines.

Grade: 5-12 | Type: Website
Source: Government of Canada

Do More.

Visit this mental health hub for resources for those in the agriculture industry including teachers.

Grade: Teacher Resource | Type: Resource Hub
Source: The Do More Agriculture Foundation

Planting Something for Wellness

Explore the mental health benefits of gardening in this resource.

Grade: K-12 | Type: Resource
Source: Plant Something BC

Week 9

August 24-28
Aquaculture: Fish Farming

Grow BC: Aquaculture - Fish Farming

Review this resource for information on BC's fish farming story.

Grade: K-12 | Type: Resource
Source: BC Agriculture in the Classroom Foundation

BC Salmon Farmers: Our Stories

Watch this collection of videos to learn about life as a fish farmer.

Grade: 8-12 | Type: Videos
Source: BC Salmon Farmers Association

Splendid Salmon Recipes

Get busy in the kitchen with one of these splendid salmon recipes.

Grade: K-12 | Type: Recipes
Source: BC Agriculture in the Classroom Foundation

Salmon, The Environment, and Society Teacher Guide Student Worksheet

Learn about salmon and the environment through these education activities.

Grade: 8-10 | Type: Activity
Source: BC Agriculture in the Classroom Foundation

BC At the Table: Salmon

Learn about BC salmon in this interesting educational resource.

Grade: 8-12 | Type: Resource
Source: BC Dairy Association