

# BC CHICKEN QUESADILLA



## INGREDIENTS

BC Chicken Breast, cooked	200 g
Cheddar Cheese	100 g
BC Bell Pepper, sliced	1
Red Onion	1/2
BC Cherry Tomatoes, halved	8
Cilantro, chopped	20 g
Tortillas	2
Taco Seasoning	2 g

## DIRECTIONS

1. Preheat the grill.
2. Toss the chicken with the taco seasoning.
3. Heat oil in a large saucepan over medium heat. Stir in the bell peppers and onion. Cook and stir until the vegetables have softened, about 5 minutes.
4. Layer half of each tortilla with the chicken and vegetable mixture, then sprinkle with the cheddar cheese. Fold the tortillas in half and spray oil on the outer side.
5. Grill quesadillas until the cheeses have melted, about 5 minutes