# Agriculture in the Classroom



# **Celebrity Chef**

# BC ANCHO-LIME VEGETARIAN FAJITAS WITH WHITE CHEDDAR QUESO

Yields: 12 - 4" fajitas

### **INGREDIENTS**

#### For the Vegetable Filling

3 tbsp	Olive Oil	45 ml
4 cloves	BC Garlic, minced	4 cloves
1	BC White Onion, julienned	1
3	BC Bell Peppers, julienned	3
½ pound	BC Mushrooms, sliced thin	225 g
½ pound	BC Zucchini, spiralized or sliced thin	225 g
1 tbsp	Ancho Chili Powder (or Chili Powder)	30 ml
1 tbsp	Oregano	15 ml
1 tbsp	Paprika	15 ml
1 tbsp	Cumin	15 ml
1 cup	Black Beans, drained and rinsed	240ml
Juice of 1	Lime	Juice of 1
1 tsp	Ground Black Pepper	5 ml
Dash	Salt	Dash

### DIRECTIONS

- 1. Add olive oil in a large sauté pan.
- 2. Add BC Garlic and turn heat to medium. Sautee until edges just become lightly browned.
- 3. Immediately add the BC Onion and sauté until translucent.
- 4. Add the BC Bell Peppers, BC Mushrooms and BC Zucchini, and continue to sauté until just heated.
- 5. Add the herbs and spices and cook for 30 seconds to activate the flavours.
- 6. Gently stir in black beans and heat.
- 7. Finish with fresh lime juice and salt and pepper. Reserve for assembly.

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## **INGREDIENTS**

#### For the Pico De Gallo

3 medium	BC On-the-Vine Tomatoes, diced very small	3 medium
¼ cup	BC White Onion, diced very small	60 ml
1	Jalapeno Pepper, seeds and ribs removed, diced very small	1
¼ cup	Fresh BC Cilantro, rough chopped	60 ml
1 tsp	Salt	5 ml
1 tsp	Ground Black Pepper	5 ml

### DIRECTIONS

- 1. Combine all ingredients in a non-reactive bowl (stainless steel, ceramic, glass, or metal cookware with enamel).
- 2. Let stand as long as possible.

### **INGREDIENTS**

#### For the BC Queso

3 tbsp	BC Butter	45 ml
2	Serrano Peppers, seeded, deveined, and diced small	2
1	Jalapeno Pepper, seeded, deveined, and diced small	1
2 cloves	BC Garlic, minced	2 cloves
½ tsp	Cumin	3 ml
3 tbsp	All-Purpose Flour	45 ml
2 cups	BC Whole Milk	480 ml
1 cup	BC White Cheddar Cheese, grated	240 ml
Dash	Salt & Pepper	Dash

### DIRECTIONS

- 1. Over medium heat, add BC Butter in a sauce pot to melt.
- 2. Add serrano peppers, jalapeno pepper, and BC Garlic. Sautee for 2 3 minutes. Do not brown.
- 3. Add cumin and stir for 15 seconds.
- 4. Add flour and stir to create a roux. Continue to cook for 1-2 minutes.
- 5. Add BC Whole Milk and whisk to dissolve.
- 6. While stirring frequently, bring sauce to a boil, reduce heat, and simmer 2 3 minutes.
- 7. Remove the pot from the heat and add the BC White Cheddar Cheese. Stir to melt.
- 8. Season with salt and pepper. Reserve for assembly.

# **TO ASSEMBLE THE FAJITAS**

#### INGREDIENTS

Sauteed Vegetables BC White Cheddar Queso Sauce Pico De Gallo 12 - 4" Corn or Flour Tortillas

### DIRECTIONS

- 1. Wrap tortillas in aluminum foil and place in a 250 F oven for 8-10 minutes to warm.
- 2. Remove from the oven but keep wrapped until ready to serve.
- 3. Place desired amount of sauteed vegetables onto the tortilla.
- 4. Add queso on top of the vegetables.
- 5. Top with fresh pico de gallo and serve.