

BC BRUSSELS SPROUT & CRANBERRY SLAW



Yields:

4 - 1 cup (250 ml) servings

INGREDIENTS

2 cups	BC Green Cabbage, cored & sliced thin	160 g
1 cup	BC Brussels Sprouts, cored and sliced thin	100 g
1/2 cup	Small Green Onion, sliced	50 g
1/2 cup	BC Carrot, shredded	75 g
1/2 cup	Dried Cranberries	60 g

DIRECTIONS

1. Combine all ingredients into a bowl.
2. Dress with your favourite coleslaw dressing.

BC AG FACT

Cabbages can be green or purple; eighty percent of the cabbage grown in BC is green cabbage. It is quite adaptable but prefers a cool growing season.