

✂ cut along line



How to make your BC SFVNP Fortune Teller

Before you fold your fortune teller, brighten it up by colouring in the snacks and each of the colour triangles.

Step 1

Start with your square piece of paper, picture facing down. Fold on both diagonal dotted lines. Open the paper; the folds should form an X.

Step 2

Fold all 4 corners toward the centre so the points meet in the middle.

Step 3

Flip it over so the folded side faces down. Again, fold all corners so the points meet in the middle. You're square will be smaller now.

Step 4

Fold the square in half and unfold, then fold in half from top to bottom to loosen it up. Now you can slide your thumbs and forefingers under the squares to move the fortune teller back and forth.

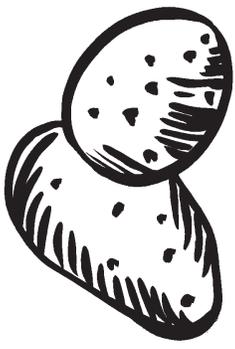
Now you're ready to play! Start by asking your partner to spell out a fruit or vegetable. Then have them spell out their favourite colour – two times for luck. Lift up their 2nd colour flap and ask them their snack question.



Healthy FamiliesBC



BC Agriculture in the Classroom

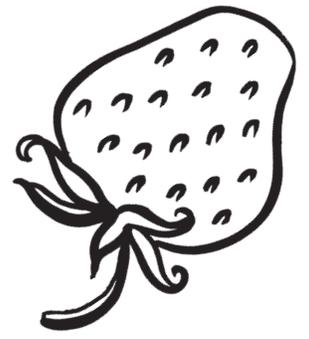


blue

Is a cucumber a fruit or a vegetable?

brown

Every apple is picked by hand. True or False?



pink

What does ALR stand for?

orange

How do you tell when an Asian pear is ripe?

A cucumber is a fruit. don't soften as they ripen but smell it. Asian pears have a strong sweet aroma.

True!

Agriculture Land Reserve

purple

I'm a symbol for love and beauty in Greek mythology. What am I?

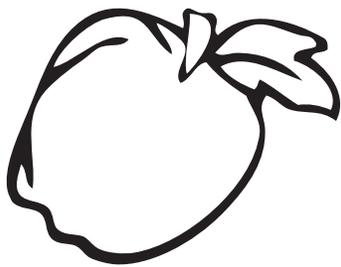
I'm an apple.

I'm a Baby Bell Pepper.

Farmers enrich their soil with crop waste, manure, and compost. Eat local and in season - support your local farmers or grow them yourself!

What's the best way to reduce our food miles?

green



yellow

Shaped like a bell. I can be red, yellow or orange. What am I?

What does a farmer put in his soil to feed it?

red



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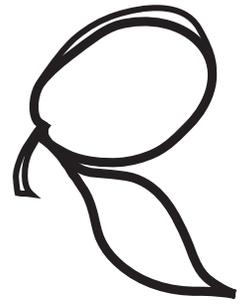


blue

My name rhymes with potato
but I'm not a vegetable.
What am I?

brown

I'm a purple stone
fruit. What am I?



orange

Why do we keep food
cold after it's been
picked?

To slow down the ripening
process and to keep it
fresh and fresh tasting.
I'm a tomato.

I'm a prune plum.

Vitamin A helps our
eyesight (and our skin & bones).

pink
Why do we need Vitamin A
found in carrots?

purple

I'm cool and green and
90% water. What am I?

I'm a cucumber.

I'm an apple or a pear.

Gently squeeze it near
the stem - it gives a
bit; it's ready to eat.
Here's 6 - carrots,
beets, turnips, radishes,
parsnips, potatoes,
sautees.

Name 3 root
vegetables.

green



yellow

I'm a fruit, but I am also a
member of the rose family.
What am I?

How can you tell when a
pear is ripe?

red



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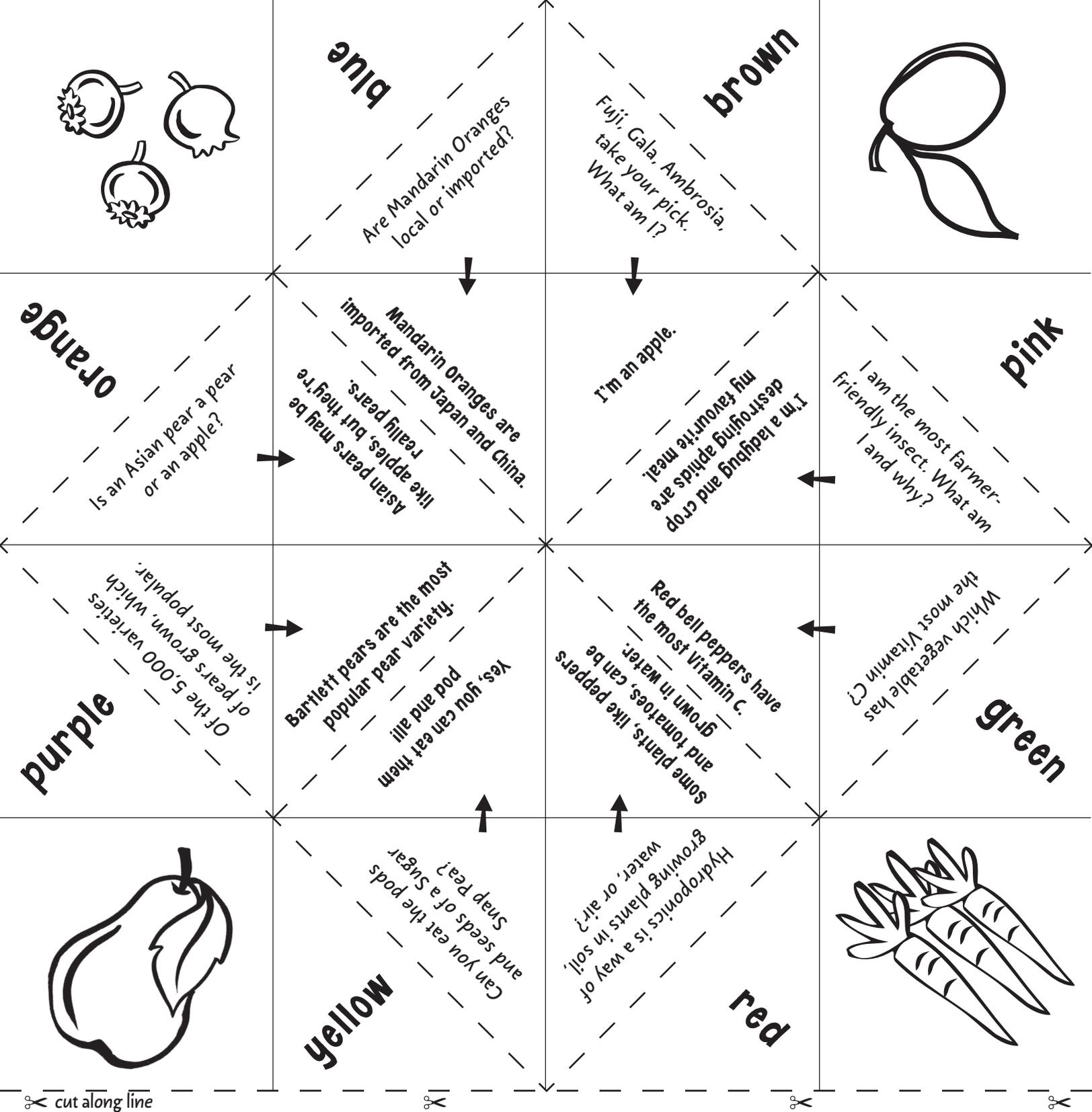
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